

Wellbeing & the Bottom Line

Home safe and well:

**Rebecca Eaton -
Highways England**

Home Safe and Well



Home Safe and Well

Home Safe and Well is now more than just a concept



home
safe
and well

highways england

Our plan will help

home
safe
and well

Our Colleagues. Our Customers. Our Suppliers

Effective
leadership

Capable
people

Clear
expectations

Engaged
stakeholders

A Learning
Organisation

Health, safety
and wellbeing
by design

Health and Wellbeing?



home
safe
and well

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Health and Wellbeing



Home
safe
and well



Absence Management



Physical Activity



Health and Safety Requirements



Alcohol & Substance Abuse



Leadership



Healthy Eating



Mental Health and wellbeing



Smoking and Tobacco-related ill health

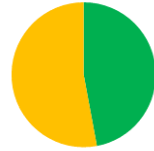


THE WORKPLACE
**WELLBEING
CHARTER**

Workplace Wellbeing Charter



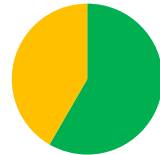
Leadership



Physical Activity



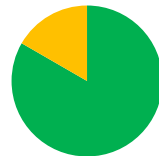
Absence Management



Alcohol & Substance Abuse



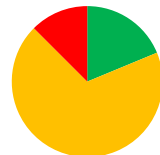
Health and Safety Requirements



Healthy Eating



Mental Health and wellbeing



Smoking and Tobacco-related ill health





**Measuring
success**

Measuring Success



home
safe
and well



A great
place to
work



home
safe
and well

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Leading and Lagging Measures



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tdn

It's #TimeToTalk

Watch later Share

Mental Health First Aider

10 MINUTES
2 CUPS OF TEA
3 BISCUITS DUNKED
0 PRESSURE

time to change
time to talk day
07/02/19

Time to Talk Day

proud to support
time to change
let's end mental health discrimination

However you do it,
make a conversation
about mental health.
#timetotalk

mind



MHFA England



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and **well**



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Getting results



Obesity rates reduced from 1 in 5 to 1 in 6



Work-related stress symptoms reduced from 66.7% to 50.7%



Smoking rates reduced from 14% to 5%



Employees not getting enough exercise reduced by 5%



Mental health absence per occurrence

14 days



8 days



Employee Engagement

70% to 85%

