

Wellbeing & the Bottom Line

**Organisational challenges
and how to overcome them:**

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WSP**



WSP

CIHT Leadership and Wellbeing
and the bottom line



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Our UK Safety, Health & Wellbeing, Vision & Culture

There is nothing that we do that is so important that it cannot be done safely and without harm

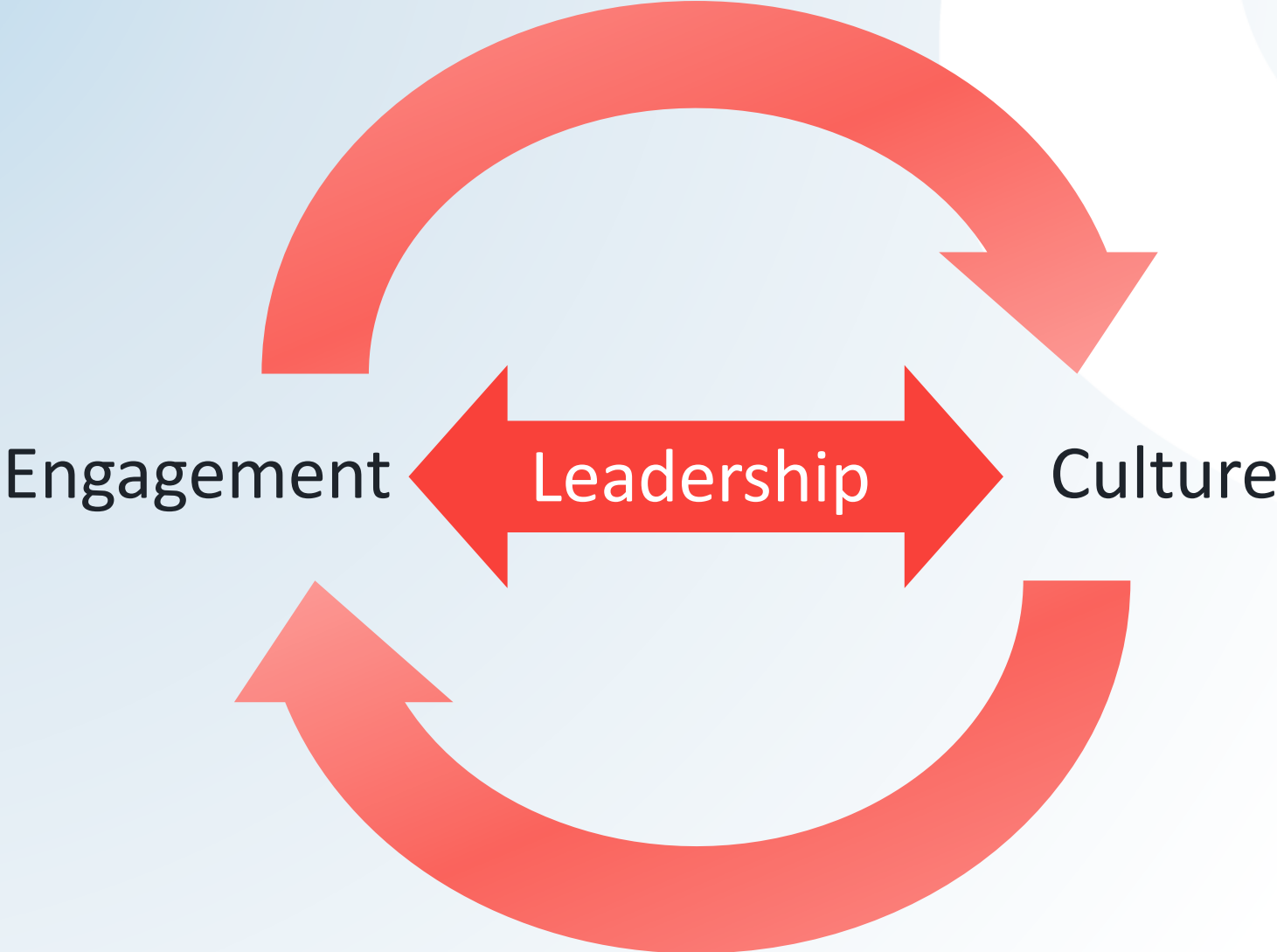


We want to create an environment where our people can thrive and where we can plan, design, manage and engineer our communities to thrive

We're all accountable for keeping ourselves and others safe and free from harm



**Culture,
leadership and
engagement
continuous loop**



What is Thrive?



The Thrive programme includes various tools to help you on your wellbeing journey – making even tiny changes can have a noticeable impact.



Organisational challenges



Initiatives to overcome the organisational challenges



Wellbeing
Champions



Mental
Health
First Aiders



Online Health
Assessment



Safety, Health
& Wellbeing
Steering Group

Outcomes

95%

of the 265 interactions with MHFAs resulted in being supported in the workplace

A reduction of
2.5 lost days

per person with musculoskeletal and
per person with
mental ill-health

74%

engagement in the Online Wellbeing Assessment across 8,200 people

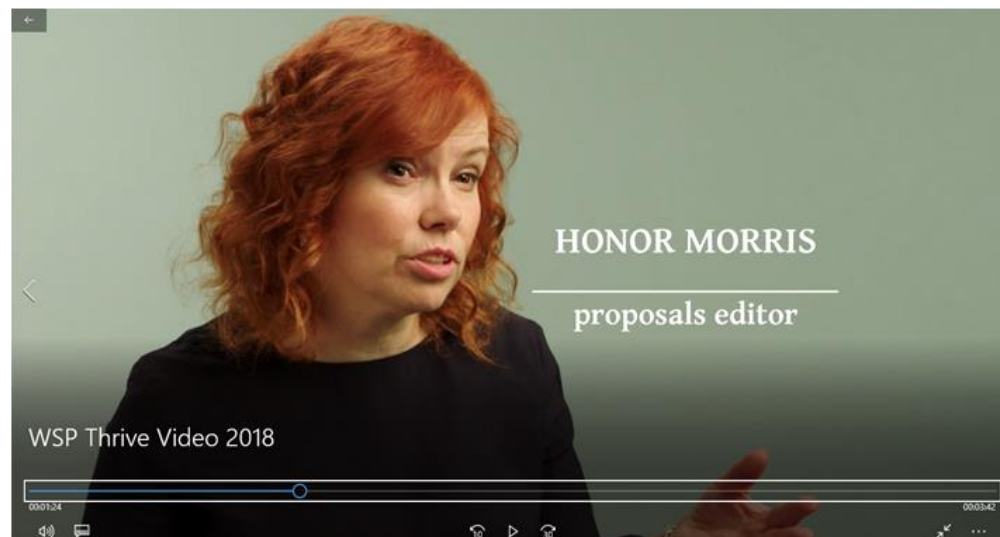
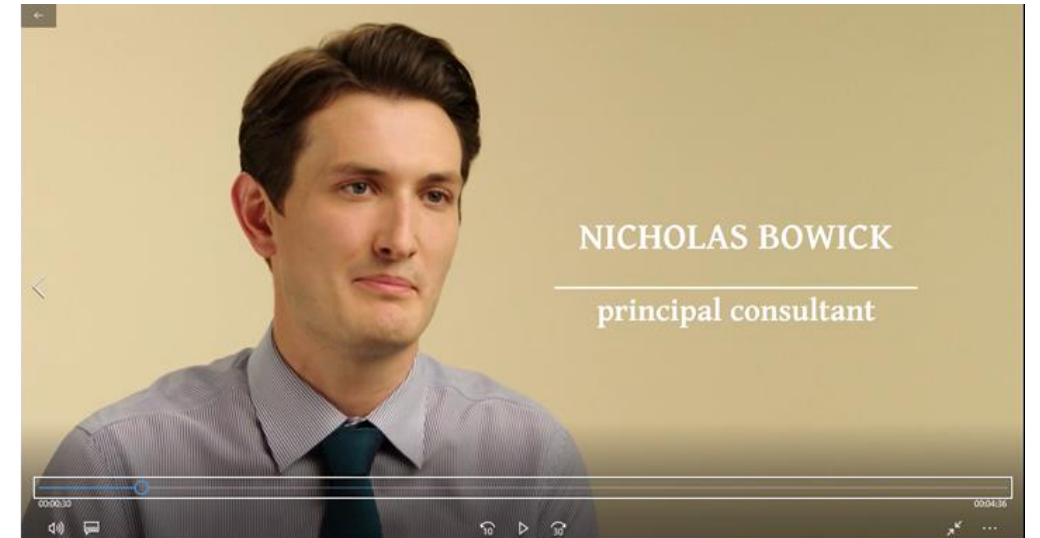
A reduction of
0.4 lost days

per person across
8,200 people

700+

regular subscribers to the Mindfulness at WSP sessions

Engagement, leadership and re-enforcing our culture



Over 5000 views of the video during World Mental Health Day and the Health & Wellbeing Day Roadshow 2018

Thank you

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