

**CIHT CPD Record Template**

CIHT members are on a continuous professional journey which involves learning and facilitating the learning of others. Planning, Recording and Reflecting on CPD undertaken offers members the opportunity to demonstrate their up-to-date knowledge and skills necessary to practice, to serve society, ensure compliance with our Code of Conduct and observe the CPD Code for registrants of the Engineering Council

Please list any CPD activities that you have undertaken in the table below.

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| **Full Name:** | | | **Job Title:** | | |
| **Date**  When I did CPD Activity | **PLAN**  What did I aim to learn? | **ACT**  Details of CPD Activity (Type What/Where?) | | **RECORD**  Number of CPD Hours | **REFLECT**  Learning Outcome  Knowledge/skills gained/applied |
| *11/05/2021* | *To improve my existing knowledge of sustainability* | *Undertook independent reading over various articles online in relation to sustainability.* | | *1* | *I got a better understanding of the 3 pillars of sustainability.* |
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**Is the CPD you have undertaken relevant to your job role? If so, describe how?0**